

**Product name: Xiaomi Mi Band 5**

Net weight: 11.9g

Body size: 46.95 x 18.15 x 12.45mm

Waterproof level: 5ATM waterproof

Bluetooth version: 5.0 BLE

Vibration motor: rotor motor

Memory: 512KB

Flash memory: 16MB

Battery capacity: 125mAh

Battery type: lithium ion polymer battery

Charging method: magnetic charging

Charging time: <2 hours

Standby Time: ≥14 days

Wrist strap adjustable length: 155-219mm

Wristband material: TPU

Wrist buckle material: aluminum alloy

Cover plate material: 2.5D tempered glass + AF coating

Working temperature: 0°C~45°C

Support System: For Android 5.0 or iOS 10.0 and above

**Motion**

11 professional sports modes

Support sports types: outdoor running, walking, cycling, indoor running, swimming pool, exercise,

Indoor cycling, elliptical machine, skipping rope, yoga, rowing machine

Support running, walking automatic detection, speed reminder, whole kilometer reminder, high heart rate reminder

**Health**

24-hour heart rate sleep monitoring + women's health

Heart rate monitoring: infrared detection heart rate (only supported by NFC version), all-day heart rate, manual heart rate,

Resting heart rate, heart rate curve

Sleep monitoring: deep sleep, light sleep, REM rapid eye movement, sporadic naps

Women's Health: Records and reminders of physiology and ovulation

Stress monitoring, breathing training, PAI vitality index assessment, sedentary reminder, step recording, goal setting

# Xiaomi Mi Band 5

## New Arrival



### Dynamic Color Large Display

Dynamic display, 100+themed dials

### 11 Sport Modes

Rowing machine, Rope Skipping, Yoga, Elliptical Trainer

### 5ATM Waterproof (50 meters waterproof)

Can be worn in the shower/swimming

### 24hour Heart Rate Monitoring

Real-time heart rate, Heart rate warning

### 24hour Sleep Monitoring

REM rapid eye movements, Short sleep record

### New Women's Health

Physiological period record and reminder

### 14 Days Long Battery Life

Long standby mode longer life

### Magnetic Charging

Disassembly-free direct charge

# More than 1000 Personality Collocations Show your vitality and fashion on your wrist

\* 100+ online theme dials, and custom wallpapers, combined with 8 wristbands free combination calculation.



# 1.1"AMOLED Color Screen

## All Information Show In One Screen

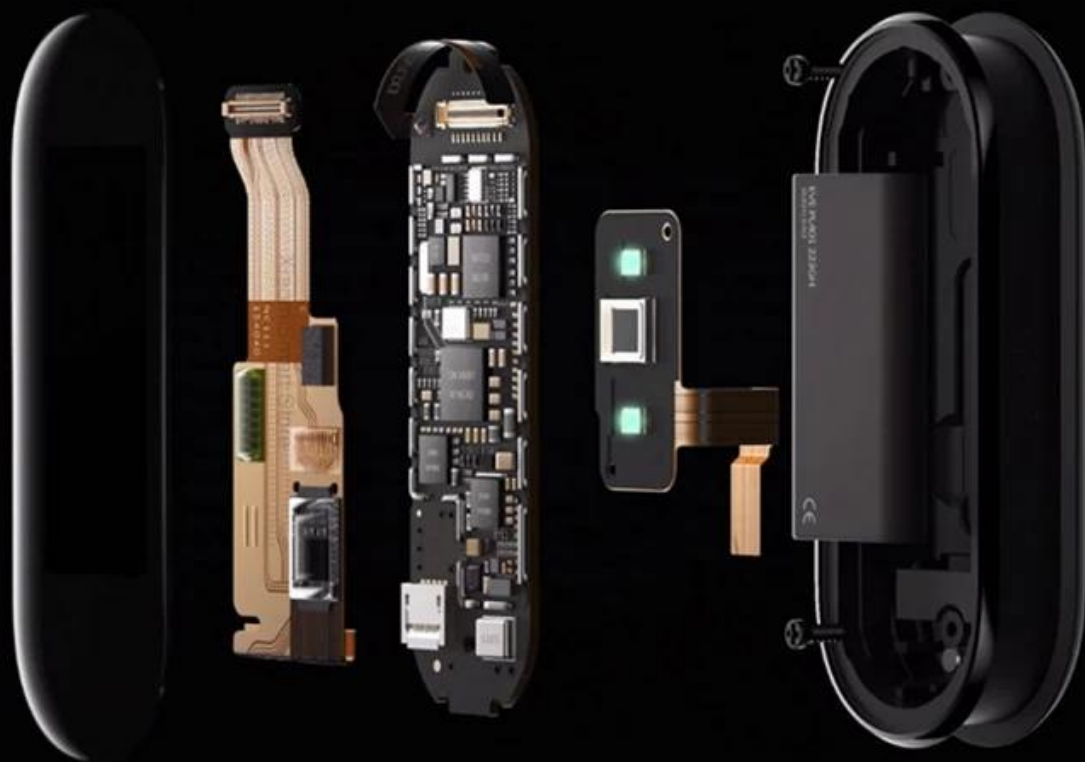
The display area is again increased by about 20%\*, making calls, messages, and reminders clear Visible, and for the first time realized the dynamic dial display.

# +20%

Display Area Approximately



## Full Coverage Of Indoor/ Outdoor Sports Modes





# Rowing Machine Mode, First Choice For Fat Loss

## Can exercise up to 80% of the muscles of the body at once

Want to lose body fat quickly? This exercise can exercise almost all muscle groups in one exercise, and accurately record the time of pulling and retracting the paddle and the pulling frequency, so as to achieve efficient fat burning effect.



# 24-hour Sleep Monitoring

## A good night's sleep, very simple

Upgrade the sleep analysis technology, and the accuracy rate is again improved by 40%\*, which can professionally interpret the sleep characteristics of each period and provide scientific suggestions for you to quickly optimize insomnia and other problems.



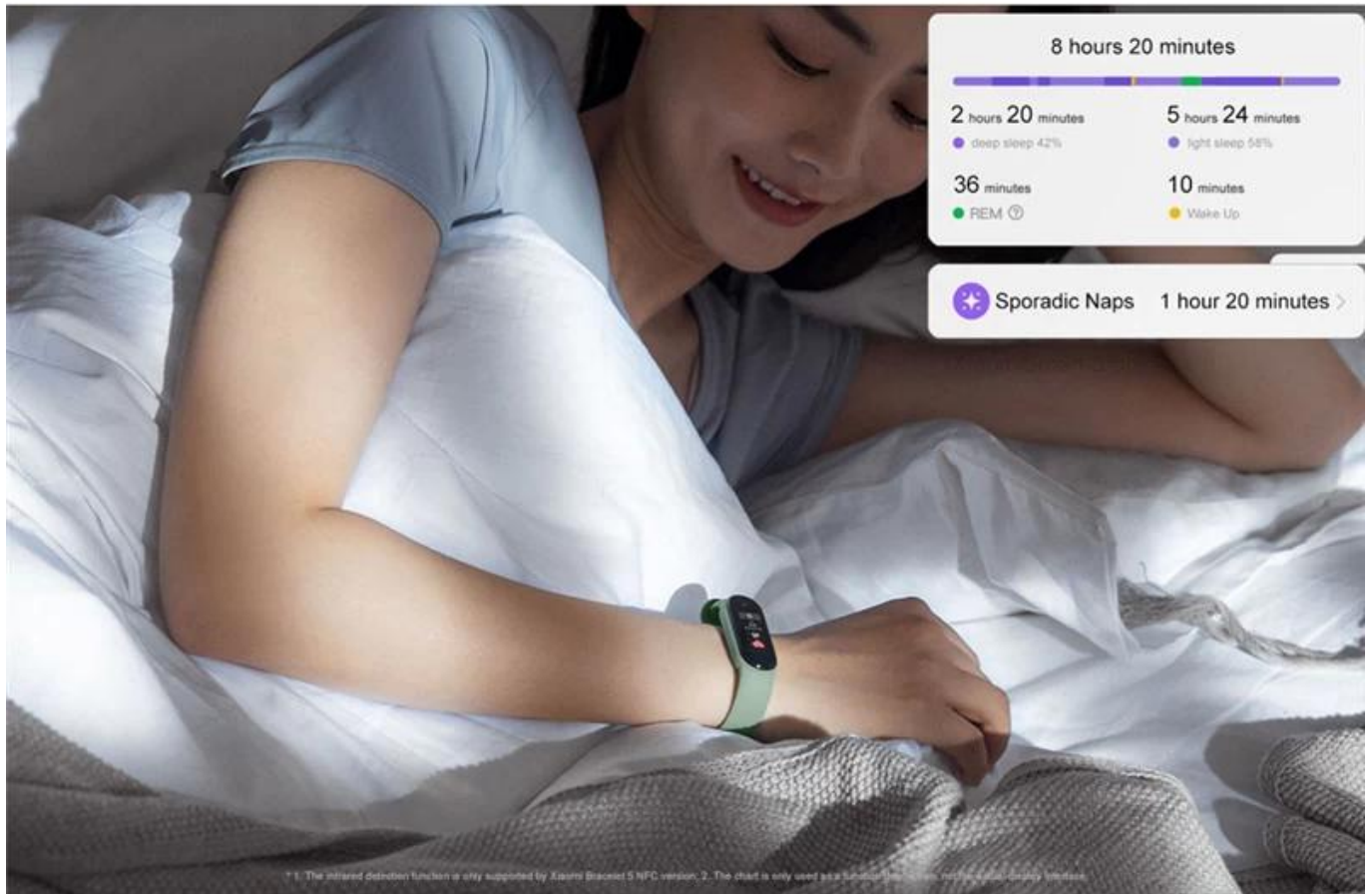
**REM rapid eye movement**  
Important stage of body recovery



**Sporadic Naps**  
The quality of the nap can also be recorded



**Infrared detection\***  
No visible light interference at night



# Three Health Models

## Take you farewell to sub-health



### Personal Vitality Index

Evaluate individuals based on data such as gender, age and heart rate Vitality index, and provide vitality improvement exercise guidance.



### Pressure Monitoring

Understand personal stress status at all times, guide when pressure is too high. Relieve pressure and recover in time.



### Breathing Training

Quickly release physical and mental pressure, can display rhythm with bracelet. Perform breath training for 1~5 minutes.





## New Women's Health Monthly Secret, Record And Remind

The physiological period and ovulation period can not only be recorded in full, but also reminded before coming. The longer you use it, the better you understand your little secret.





One-key Remote Control

Taking Photos

Take selfies and take photos  
without asking for help.



# Rope Skipping Mode

## Strengthen the heart and lungs + reduce fat

Continuous and rapid jumping can increase your heart rate and burn calories in a very short time. At the same time, continuous heart rate increase can speed up the blood circulation of the heart, so that your cardiopulmonary ability is strengthened.

