Product name: Xiaomi Mi Band 5 NFC

Body size: 46.95 x 18.15 x 12.45mm

Waterproof level: 5ATM waterproof

Bluetooth version: 5.0 BLE

Vibration motor: rotor motor

Memory: 512KB

Flash memory: 16MB

Battery capacity: 125mAh

Battery type: lithium ion polymer battery

Charging method: magnetic charging

Charging time: <2 hours

Standby Time: ≥14 days

Wrist strap adjustable length: 155-219mm

Wristband material: TPU

Wrist buckle material: aluminum alloy

Motion

11 professional sports modes

Support sports types: outdoor running, walking, cycling, indoor running, swimming pool, exercise,

Indoor cycling, elliptical machine, skipping rope, yoga, rowing machine

Support running, walking automatic detection, speed reminder, whole kilometer reminder, high heart rate reminder

Health

24-hour heart rate sleep monitoring + women's health

Heart rate monitoring: infrared detection heart rate (only supported by NFC version), all-day heart rate, manual heart rate,

Resting heart rate, heart rate curve

Sleep monitoring: deep sleep, light sleep, REM rapid eye movement, sporadic naps

Women's Health: Records and reminders of physiology and ovulation

Stress monitoring, breathing training, PAI vitality index assessment, sedentary reminder, step recording, goal setting

Multifunction NFC

(Only supported by NFC version)

Swipe subway bus, bank card, access control card, Alipay

Credit card: support to open bus card, subway card, access control card simulation, bank card binding

Swipe Alipay: support Alipay offline payment (standard version / NFC version are supported)

Xiao Ai

(Only supported by NFC version)
Xiao Ai's voice interaction, MIoT smart home control
Support 100+ kinds of intelligent voice scene control
Support remote control massive MIoT smart home control and linkage

Other functions
Take pictures remotely, play music, find phone, mute phone, unlock phone, unlock notebook, call reminder, do not disturb phone, WeChat reminder, APP message reminder, calendar reminder, event reminder, weather forecast, timer, countdown, alarm clock, Bluetooth broadcast , Online dial, custom dial, preset dial, screen lock, off-wrist detection, charging progress display, choice of wearing method, OTA upgrade

Xiaomi Mi Band 5
New Arrival

Dynamic Color Large Display
Dynamic display、100+themed dials

11 Sport Modes
Rowing machine、Rope Skipping、Yoga、Elliptical Trainer

5ATM Waterproof
(50 meters waterproof)
Can be worn in the shower/swimming

24hour Heart Rate Monitoring
Real-time heart rate、Heart rate warning

24hour Sleep Monitoring
REM rapid eye movements、Short sleep record

New Women's Health
Physiological period record and reminder

14 Days Long Battery Life
Long standby mode longer life

Magnetic Charging
Disassembly-free direct charge

More than 1000 Personality Collocations
Show your vitality and fashion on your wrist

* 100+ online theme dials, and custom wallpapers, combined with 8 wristbands free combination calculation.

1.1"AMOLED Color Screen
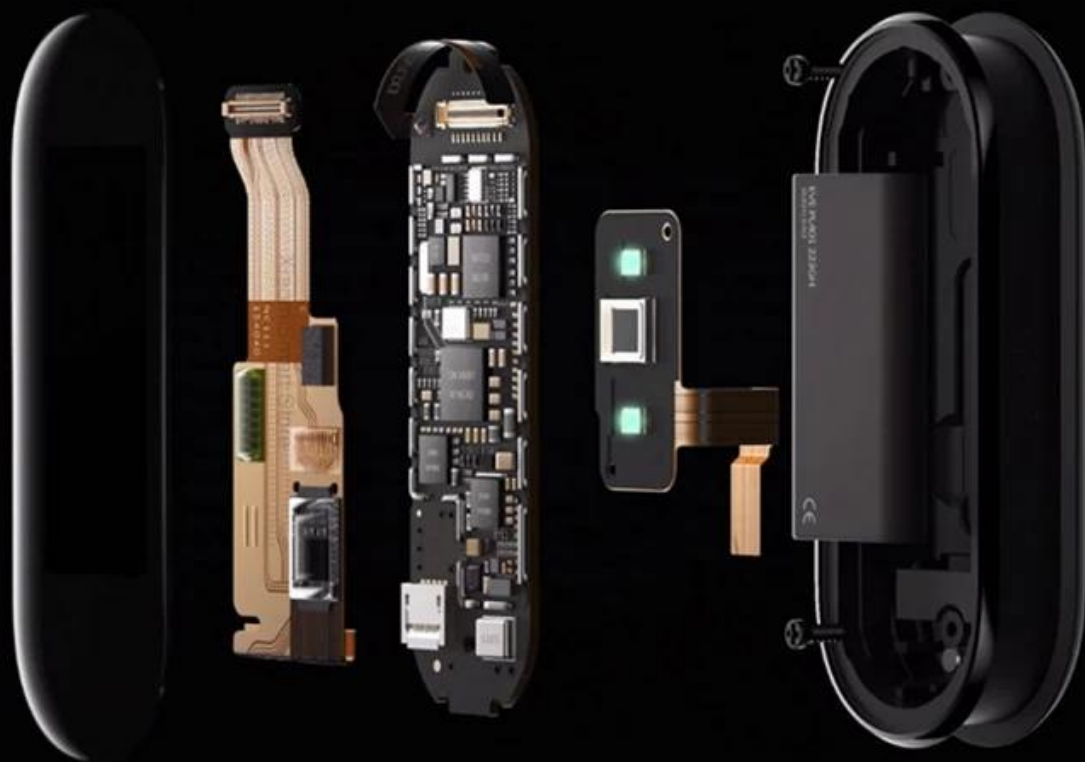# All Information Show In One Screen

The display area is again increased by about 20%*, making calls, messages, and reminders clear Visible, and for the first time realized the dynamic dial display.

+20%

Display Area Approximately

Full Coverage Of Indoor/ Outdoor Sports Modes

Rowing Machine Mode,First Choice For Fat Loss
Can exercise up to 80% of the muscles of the body at once

Want to lose body fat quickly? This exercise can exercise almost all muscle groups in one exercise, and accurately record the time of pulling and retracting the paddle and the pulling frequency, so as to achieve efficient fat burning effect.

24-hour Sleep Monitoring
A good night's sleep, very simple

Upgrade the sleep analysis technology, and the accuracy rate is again improved by 40%*, which can professionally interpret the sleep characteristics of each period and provide scientific suggestions for you to quickly optimize insomnia and other problems.
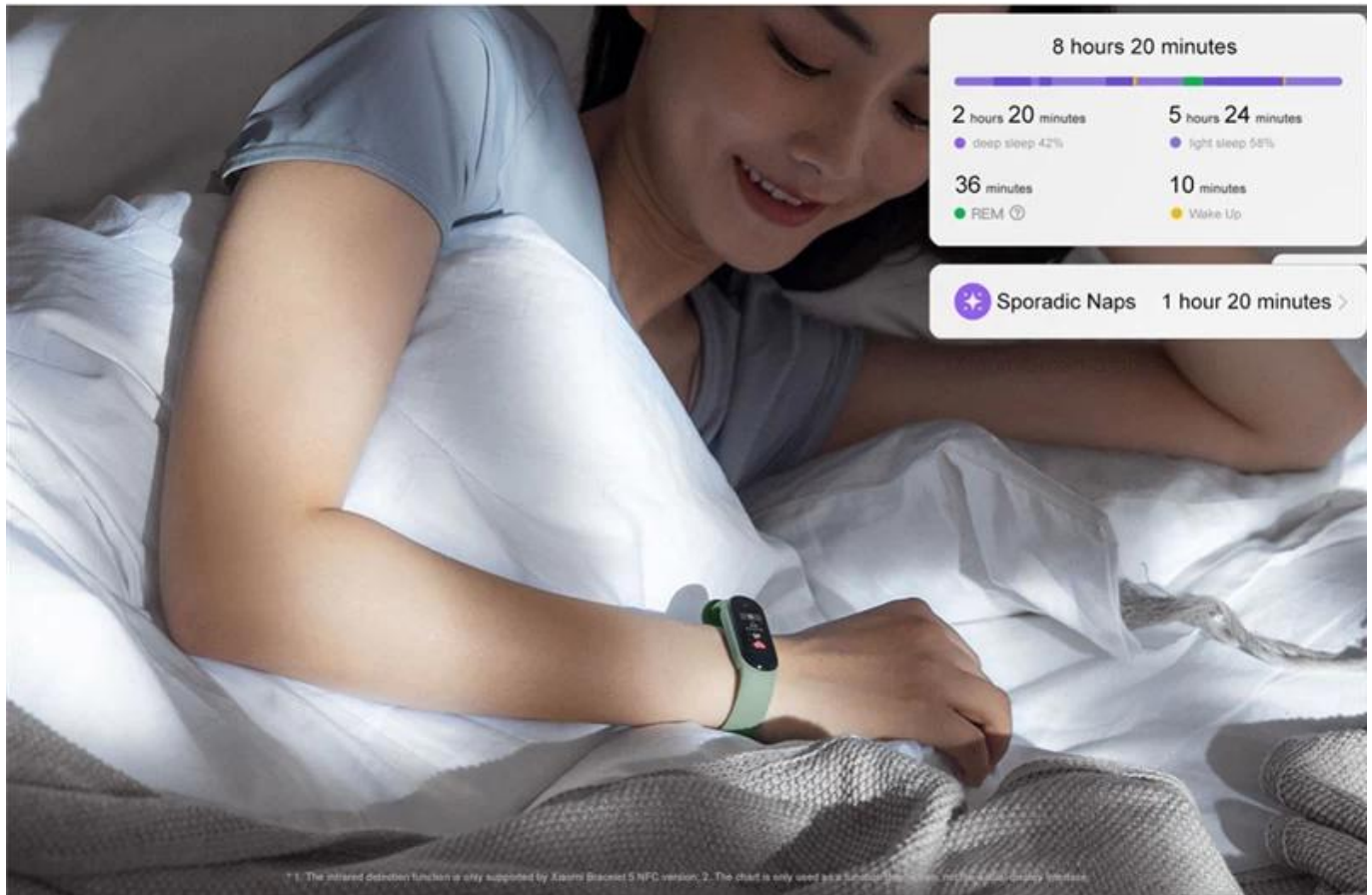
REM rapid eye movement
Important stage of body recovery

Sporadic Naps
The quality of the nap can also be recorded

Infrared detection*
No visible light interference at night

8 hours 20 minutes

2 hours 20 minutes
● deep sleep 42%

5 hours 24 minutes
● light sleep 58%

36 minutes
● REM ⑦

10 minutes
● Wake Up

✦ Sporadic Naps   1 hour 20 minutes >

Three Health Models
Take you farewell to sub-health

Personal Vitality Index
Evaluate individuals based on data such as gender, age and heart rate
Vitality index, and provide vitality improvement exercise guidance.

Pressure Monitoring
Understand personal stress status at all times, guide when
pressure is too high Relieve pressure and recover in time.

BreathingTraining
Quickly release physical and mental pressure, can
display rhythm with bracelet
Perform breath training for 1~5 minutes.

New Women's Health Monthly Secret, Record And Remind

The physiological period and ovulation period can not only be recorded in full, but also reminded before coming. The longer you use it, the better you understand your little secret.

06/03

月经期
05/30 - 06/03

第5天

One-key Remote Control
Taking Photos
Take selfies and take photos
without asking for help.

Rope Skipping Mode

Strengthen the heart and lungs + reduce fat

Continuous and rapid jumping can increase your heart rate and burn calories in a very short time. At the same time, continuous heart rate increase can speed up the blood circulation of the heart, so that your cardiopulmonary ability is strengthened.